



IN Our Circle

Issue 20
May-June
2002

This is our once per year meeting where we do our planning for the coming year. It is a great opportunity to network with other women and to be a part of this Community's Vision. I highly recommend you attend this inspiring and empowering event!

COMMUNITY MEETING

As a part of the Circle Meeting, we will start with an E-Circle Council meeting. We will be continuing our work of gathering resources and brainstorming some summer activities. Additionally, we are asking all the E-Circles to create a poster presentation of their Circle...give some facts, fun, history, etc, and to have a rep or your whole Circle present. Women who want to join a Circle will want to talk with you and review your poster and then have some information to consider.

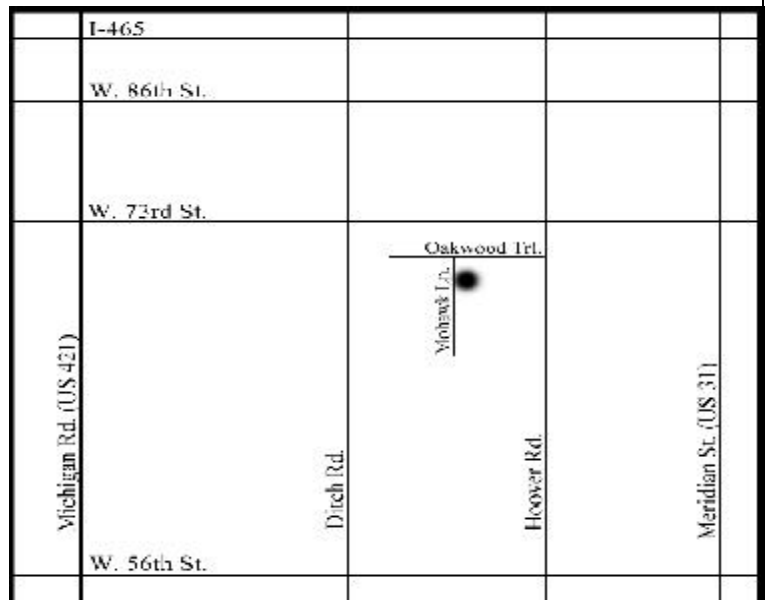
We are getting in touch with E-Circle Reps to get posters and markers to you so that you can begin your creative process.

You will be getting more information about the Community Circle Meeting but here is a sneak preview:

- Coffee/Bagels
- E-Circle Council Meeting
- Exercise
- Pitch-In Lunch
- Mission/By-Laws
- SCAT Team discussion
- Goals
- Committee Opportunities
- Perpetual Motion (WAY COOL!!!)

LOCATION OF MEETING

Ann Bevilacqua's house
6934 Mohawk Lane, Indianapolis
(317) 253-7948



WELCOME NEW GRADUATES!

Let's give a great big welcome to these women who went through the April Weekend.

- Pat Babineau
- Lynn Danzig
- Lynnette Hanes
- Mildred Johnson
- Sherri Paugh
- Wendy Drake
- Michelle Mucenski
- Kristin Perrone
- Lynn Jeffers
- Lori Weyer
- Pam Turner

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YAHOO! CHAT GROUPS

It's now easier than ever to join the Yahoo! Chat Groups and ListSers. You can find a link on our website at www.inourcircle.org.

Sending a message to the listserv is easy, also. Just send an email message as you normally would and address it to inourcircle-chat@yahoogroups.com.

MKP and WWI Joint Summer Conference

THEME

"Celebrating Differences"

HOSTED BY

MKP Chicago, Milwaukee MKP and
Woman to Woman Midwest

WHEN

July 11 - 14, 2002
Business Meetings July 11-12

WHERE

Omni Orrington Hotel, Evanston Illinois
(20 minutes from downtown Chicago)

TO REGISTER

www.womanwithin.org
www.mkp.org

OPEN BOARD POSITIONS

Want to be more involved in the community? Want to see how you can affect change? Want to get all the inside scoop?

Now's your chance! The IN Our Circle Board is looking for people to fill the following positions:

VICE PRESIDENT
OPEN CIRCLE COORDINATOR
INTERNAL FUND RAISER

Responsibilities would differ, depending on which position you choose. You can contact Sandy Ernst, President of the Board, (317-862-3385) to discuss responsibilities.

DON'T LET THIS OPPORTUNITY PASS YOU BY. Allow yourself to stretch by getting involved in the planning that goes on behind the scenes for our community. Give yourself a chance to experience new responsibilities and new challenges.

IT'S NEVER TOO LATE TO BE THE PERSON YOU MIGHT HAVE BEEN.

REIMBURSEMENT FORM

Need to be reimbursed for items you purchased? You can get the Reimbursement Form from our website at www.inourcircle.org. Look under Resources. Please remember to include original receipts and be sure to request reimbursement within 30 days from the day of the event.

Board Meeting Notes

* Dana Creek is stepping down from the Treasurer's position as of May 1. Sandy Ernst is stepping down from the President's position as of June 1. Drum Wash for new president will be held on Monday, August 5.

* Jana Lovick has been voted in as the new Treasurer and Marcia Stone has been voted in as the new Secretary, with Lara Coutinho as her backup.

* Financial Support Committee is working on new policies and procedures re: collecting money owed due to loans.

E-Circle Council

The E-Circle Council continued its energizing work on April 27. Here are some of the highlights.

Guide Training will qualify you to help guide new E-Circles or guide during the Empowerment Training Intensive. Facilitation Practice is an opportunity for those who are interested in leading carpet work and those interested in doing some carpet work to get together and practice.

E-Circle Council will be setting up Bridge Circle opportunities during the summer. The purpose of the Bridge Circle will be to provide Circles for women who cannot attend their own Circle. We would like to offer two Bridge Circles per month and we will have a sign up sheet at our Community Circle Meeting on June 1. E-Circles, please discuss what dates you might be available for women to Bridge with you and be prepared to sign up at the June 1 Council Meeting.

We are investigating creating Bridge Circles with MKP this summer as well. Stay tuned for more!

We discussed that several E-Circles are quite small and may want to join with other small Circles to make bigger Circles. We will be discussing and planning for this at our June 1 Council Meeting.

E-Circle Council is compiling a resource manual of exercises and recommended readings. Please bring your favorites to the June 1 E-Circle Council Meeting so that we can add them to our manual.

That's all for now. I offer my thanks to the E-Circle Council Representatives who faithfully support the work and offer many, many creative ideas. We all look forward to continuing to serve this community as a Reservoir of Energy!

Blessings!

Cheri Goll, E-Circle Co-ordinator

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CONTRIBUTIONS NEEDED

We have received a few contributions to our community funds. We thank each of you who have contributed. We encourage each woman to contribute to our community. As our dues used to be \$25, we encourage you to consider this amount when making your contribution.

Recently each of you received a letter offering you an opportunity to contribute a gift to help us to continue to offer financial support to women requesting financial assistance to attend the Woman Within Training weekend as well as Women Empowering Women and Woman Within 2.

As you make your contributions to help us continue this healing work growing, please write on your check whether the donation is for general community funds or for financial support.

Make contribution checks payable to:

IN Our Circle, Inc.

Mail to: Sandy Ernst

6105 S. Carroll Rd.

Indianapolis, IN 46259

THANK YOU ALL!

BIRTHDAYS

MAY

1 Donna Fortriede

2 Judy Coutinho

5 Janet Kazimir

7 Jan Fourman

8 Suzanne Bertuleit

11 Kathy Dankert

13 Rhonda Schladand

13 Tara McDowell

14 Carlyn Callucci

14 Jan Petty

14 Sandra Ford

17 Kathleen Russell

17 Marcia Stone

21 Debbie Beadles

22 Mary Lou Finewood

JUNE

1 Mary Kay Turner

9 Jill Sharp

15 Lin Ames

16 Angel Happel

24 Barbara Cox

24 Dana Wright

29 Lara Coutinho

30 Patricia Sanders

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OPEN POSITIONS ON MIDWEST REGION BOARD

The Midwest Board meets quarterly at a central location and has conference calls and e-mail communications between meetings.

This Board assumes financial, legal and day-to-day responsibilities of running the organization, as well as developing a strategy of growth and development for the future.

The Nominating Committee interviews prospective new members for Board positions. They balance the Board with women from the Midwest community with a variety of skills and experience, including organizational and business skills. The committee then proposes a slate of candidates and the Board of Directors votes.

The following positions are currently open:

Director of Fundraising

Director-at-Large (two positions)

You can go to the Midwest website (www.womanwithinmidwest.org) to check out Board job descriptions. You can also get information on the full application process.

Have you been inspired by
your WWI Weekend
and/or your experience?

Writing a poem, story or article for the next issue of IN Our Circle newsletter. Let us know of a Joy or Sorrow in your life that you'd like to let the community know about. Celebrate and receive support!

Contact: Jana Y. Lovick, editor
317-852-7103 ayze@earthling.net

TAMING THE TIGER

A weekend to guide you to enhancing your spirituality, becoming safe with your emotions and learning to use the 12 Steps as a guide for healthy living.

Through the 12 steps, we learn about honesty, hope, faith, courage, humility, self-discipline, perseverance, and charity. There is still one more important part to the human spirit that keeps us from realizing the full power of recovery. That aspect is acceptance of emotions, so we can reconnect to or discover our spirituality. Often, trauma or addiction will cause us to lose our connection with our higher power. When first coming into recovery, the newness of being free of addictions or pain for the first time is freeing. We feel reborn to the world. After a while, we feel as if there is something missing, longing for something to help us deal with the emotions that have come to the surface.

The "Big Book" tells us that, with support from our higher power, we can go to any length to stay in recovery and release emotions along the way. With the help of your Higher Power and the group, you will move through emotions into the feeling of freedom that you once had. Think of the Tiger as your over-reactive self, emotions from the past that have not been "tamed." Taming the Tiger will help guide you to accepting the emotions which might be keeping you stuck in the past, finding what beliefs and what decisions are operating in your life, experiencing emotional integration, a deepening spirituality, and the next phase of your recovery.

DATE: August 2 - 4, 2002

CONTACT: Judy Donovan

(317) 882-3874 or jkd304@gateway.net

E-CIRCLE GUIDE TRAINING

On Saturday, August 24, there will be an E-Circle guide training session. We will meet from 8AM to 5PM, with a short break for lunch. This session is facilitated by Michelle McCarty, at the request of women in the community of "IN Our Circle" and is not affiliated with any group or organization.

E-Circle guides will be needed, in pairs, to train newly formed E-Circles after the Woman Within Training Weekends.



PURPOSE AND GOAL:

To provide training techniques for the E-Circle guides, including:

1. Review the paperwork with the new women.
2. Explain and learn effective ways to teach the materials.
3. Create strategies to work with different types of personalities, i.e.: very needy, dominant, overpowering, and women who want to work at a deeper level.
4. Conflict resolution. (How to give the E-Circle a better understanding of how conflict resolution works to maintain connection. This will also help women to feel more comfortable leading the conflict resolution model.)
5. The language used in our community.
6. Exercises, to give the new E-Circle a foundation to start.
7. Provide a review of core exercises used in E-Circles.
8. Provide each woman an opportunity to step into her leadership role.

If you would like to attend, please contact Kathy Bourus at (317) 270-9205. Each participant is asked to bring a donation, with \$25 suggested. Please pay what you can. Bring lunch, chair, pillow or a backjack.

We are interested in hearing about your thoughts and needs. Please contact:
Sandy Ernst at 862-3385 or uneek13675@aol.com

LOCATION: Irvington United Methodist Church
30 North Audubon, Indianapolis

FACILITATION PRACTICE SESSION

This workshop will provide:

- * Facilitation experience for Indianapolis women
- * A loving and safe place for women who want to do some "focused work"
- * Strict confidentiality for all involved
- * The opportunity for several women to nurture those who have worked
- * An opportunity to support women through witnessing
- * **A chance for us to gather, have lunch, learn, and have fun!**

This is a workshop for initiated women from the Indianapolis community and will be held on Saturday, July 27 from 8AM-5PM at Irvington United Methodist Church. Bring your own sack lunch and a drink.

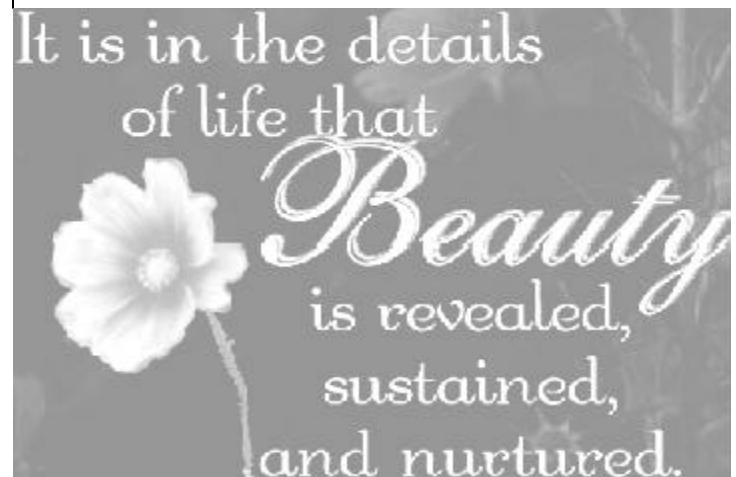
The facilitator is Michelle McCarty. A donation of \$25 is suggested. You can sign up by contacting Sandy Ernst at (317) 862-3385 or uneek13675@aol.com

SIGN UP TO DO WORK

There will be opportunities for 8 women to do work.

These women should arrive by 9 AM and focus on the following:

- * What is not working/missing in my life?
- * How would my life be different if I had what I wanted in my life?
- * What is keeping me from having this in my life?





PRESIDENT'S CORNER

Welcome to the new women IN Our Circle. We have just completed our 8th weekend in Indianapolis. Our community is continuing to grow as we now have approximately 150 women who have gone through the weekend in the greater Indianapolis area and around 300 women on our mailing list.

We are continuing to move forward on our NFP status. The Board just approved the Bylaws, which will be presented at the Community Meeting on June 1. Thanks to Susann Stephenson for all of her work on the Bylaws and to Dana Creek for all of the work that it has taken to prepare the financial statements needed for applying for NFP status.

We send our blessings to Dana Creek as she has resigned as Treasurer as she is following her hearts desire and is moving on with her life and is pursuing a new career. We are very grateful to her for her spirit-filled wisdom, her commitment and the energy with which Dana helped to guide this community in the past three years.

We welcome Marcia Stone as Secretary and Jana Lovick has returned to the Board as Treasurer. We are very excited to have these two gifted and wise women step up to these Board positions. The positions of Vice President, Open Circle Coordinator and Internal Fund Raiser remain open on the Board. If anyone is interested in stepping up to these positions, please contact me.

I hope to see you all at the Community meeting June 1. We are going to discuss what community means to each of us. I have felt so blessed to meet many women since I went through the weekend in February 1999. I have felt so blessed to have the opportunity to attend several trainings that I have learned about through being a part of this community of women. I never imagined that I would have experienced such growth; such joy, such peace, and am attaining balance in my life. As I have changed, so have those around me.

I feel that the Woman Within Training weekends are very important. They do not just happen. It takes a lot of work. We have had two or three weekends each year since 1999 and have filled the weekends, until this past weekend. We are looking at postponing the October weekend until February. What we need to do to continue to have weekends, is for women to come to Open Circles, to the Social, to Honoring Ceremonies, to Men's Graduations and bring other women - your friends and your relatives.

Only with your active participation can help this community thrive. Time and time again, I hear from women about how powerful the weekend was for them and how important their E Circle is. However, I do not see women bringing women to learn about the weekend. I encourage you all to come to the community meeting, voice your concerns, bring your ideas, and become active in this wonderful community so we can continue to bring this healing work to our community and help to heal this world one person at a time.

**Love and Blessings, Sandy Ernst
President, IN Our Circle**

WEEKEND ANNIVERSARIES MAY

1992	Delavan	Justine Thompson
1992	Delavan	McCall Wirth
1995	Delavan	Rebecca Lyon
1996	Delavan	Maryann Sullivan-Fritz
1998	Delavan	Lynne Scarborough
1998	Delavan	Maura Brotheridge
1999	Delavan	Anne Nelson
2000	Delavan	Ann Hart
2001	Delavan	Marcia Stone

JUNE

1995	Delavan	Carol Juergensen
1995	Delavan	Morgan Joy Edwards
1995	Delavan	Sylvia Gray
1996	Delavan	Delane Diller
1996	Delavan	Nancy Wickstrand
1997	Delavan	Lynn Osborn

WORKSHOP CONTACTS

Woman Within International Weekend Training

Gail Farbman 847-564-4625
www.womanwithin.org

New Warrior Training Adventure
Ollie Howe 317-852-6806
www.mkp.org

Women Empowering Women Your Sexual Self

Woman Within Level 2
Healing the Wounds of Shame
Registrar 800-732-0890
wwithin@aol.com

Intellect and Accountability
Judy Donovan 317-882-3874
jkd304@gateway.com

Leaving My Father's House

Dennis Mead-Shikaly
408-554-9488 m3dms@pacbell.net

A Couple's Weekend and Advanced Couples Weekend

Char Tosi 810-750-7227
richtosi@att.net

Warrior Monk

Jodi 909-659-0445 jodi@starcoyote.net

Running With Iron John

Cheri Goll 317-925-7612
cgoll@indy.rr.com

Taking It Lightly

Patricia Clasen 414-374-5433
patricia@lightly.com

CALENDAR OF EVENTS

MAY, 2002

20 Monday (7-9P)
MKP Open House
Church of the Savior
Open to public

JUNE, 2002

1 Saturday (9A-3P)
Community Meeting
Ann Bevilacqua's House
Open to WWI community

4 Tuesday (7-9P)
Board Meeting
Irvington U.M. Church
Open to WWI community

10 Monday (7-9P)
Info Meeting (Open Circle)
Irvington U.M. Church
Open to public

17 Monday (7-9P)
MKP Open House
Church of the Savior
Open to public

JULY, 2002

2 Tuesday (7-9P)
Board Meeting
Irvington U.M. Church
Open to WWI community

8 Monday (7-9P)
Info Meeting (Open Circle)
Irvington U.M. Church
Open to public

11-14 Thursday-Sunday
MKP and WWI Joint
Summer Conference
Theme: Celebrating
Differences"

15 Monday (7-9P)
MKP Open House
Church of the Savior
Open to public

27 Saturday (8A-5P)
Facilitation Practice
Ruth McClellan's Home
Open to WWI community

AUGUST, 2002

2-4 Friday-Sunday
Taming the Tiger
Open to WWI community

4 Sunday
Deadline for Staffing
Applications for October

5 Monday (7-9P)
Drum Wash for new
President
Irvington U.M. Church
Open to WWI community

6 Tuesday (7-9P)
Board Meeting
Irvington U.M. Church
Open to WWI community

12 Monday (7-9P)
Info Meeting (Open Circle)
Irvington U.M. Church
Open to public

19 Monday (7-9P)
MKP Open House
Church of the Savior
Open to public

23-25 Friday-Sunday
New Warrior Training
Adventure Weekend (MKP)
Open to Men

24 Saturday (8A-5P)
Guide Training
Irvington U.M. Church
Open to WWI community

SEPT, 2002

3 Tuesday (7-9P)
Board Meeting
Irvington U.M. Church

9 Monday (7-9P)
Info Meeting (Open Circle)
Irvington U.M. Church
Open to public

11-15 Wednesday-Sunday
Warrior Monk Training
FFA Center (Trafalgar, IN)
Must register

16 Monday (7-9P)
MKP Open House
Church of the Savior
Open to public

OCTOBER, 2002

4-6 Friday-Sunday
WWI Training Weekend
FFA Center (Trafalgar, IN)

12 Saturday (6:45 PM)
WWI Honoring Ceremony
Church of the Savior
Open to public

18-20 Friday-Sunday
New Warrior Training
Adventure Weekend (MKP)
Open to Men

Annual Birthday Party

WHOM TO CONTACT

SCAT Team

Ruth McClellan
317-253-7286
rmccle7777@home.com

Staffing Applications

www.womanwithin.org

President, IN Board and Financial Aid Information

Sandy Ernst 317-862-3385
uneek13675@aol.com

E-Group Coordinator

Cheri Goll 317-925-7612
cgoll@indy.rr.com

E-Mail & Chat Lists

Lara Coutinho
317-872-4378
orange@indy.net
www.inourcircle.org

Mailing Lists and Roster for IN Our Circle

Sue Daniel 317-335-2120
stdaniel@splintershop.com

Louisville Community

Dale Herink 502-228-4959

Mailing Lists, Roster and Staffing for Midwest

Tammy Hornung
314-965-4954
tamara1h@aol.com

WWI Training Weekend

Gail Farbman
847-564-4625

WW International

Margaret Renaud
800-732-0890

EMPOWERMENT-CIRCLE INFO

BADASS BUTTERFLIES

Meets every Tuesday at 5:30 PM downtown. Cost is \$2.50 per person. Has 7 members and is OPEN to new members. Contact: Jana Lovick

ROSE WITHIN

Meets every other Tuesday at 6 PM downtown. Cost is \$1 per person. Has 7 members and is closed to new members. Contact: Kathy Bourus

DIAMOND GIRLS

Meets twice monthly on Sunday evenings in Fishers. There is no cost. Has 10 members and is CLOSED to new members. Contact: Sylvia Gray

SOUTH SIDE E-GROUP

Meets every Monday at 7 PM on the South side. Cost is \$1 per person. Has 6 members and is OPEN to new members. Contact: Sandy Ernst.

E-CIRCLE COORDINATOR

Cheri Goll (317) 925-7612

SISTERS IN SPIRIT

Meets every Thursday on the North side. Contact: Joyce Bailey-Pendleton

WHITE BUFFALO

Meets every other Monday. Contact: Betty Seno

NEW E-CIRCLE

Meets every Monday at 7 PM just east of downtown. Contact: Marsha Pappas

LOUISVILLE - Contact: Mary Lou Finewood

LEXINGTON - Contact: Janet Kazimir

Newsletter Editor:
Jana Y. Lovick



Sue Daniel

9770 Highland Springs Drive North
McCordsville, IN 46055

We would like to keep you up-to-date about our events and activities. However, if you prefer not to receive mail from IN Our Circle or Woman to Woman Midwest, contact us and your name will be removed from our list.
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McCordsville, Indiana 46055
(317) 335-2120 * stdaniel@splintershop.com