



IN Our Circle

www.inourcircle.org

A necklace to represent your growth, your truth.....

To embody the essence of: COMMUNITY.....

Communication and Connection

I continue to listen, and learn what this means to myself, and to you. Webster's dictionary shows they share the Latin root "*communis*." (See bottom of Pg. 3) Interestingly, the word "*community*" came first..... by about 200 years!

Community: a group of people with a common characteristic or interest living together within (and/or) scattered through a larger society.

My favorite definition for

Communicate is: to transmit information, thought, or feeling so that it is satisfactorily received or understood.

Until Woman Within, I rarely felt heard. We practice effective sending *and* receiving. Wouldn't it be great if everyone you speak to really heard you? It starts with COMMUNITY. Without this community, with the "common system of symbols, signs, behavior," and processes, would you, too, be yearning to be understood? Even to understand yourself, your own light and shadow?

What a blessing, that YOU ARE THIS COMMUNITY! Together, we co-create it !

As this year unfolds, we will create a **new community necklace**. A powerful reflection of each circle, and of every woman of IN Our Circle, an evolving strand, full of strength and beauty.

I see great possibilities for IOC, with ideas for shifting open circles for community connection, and creating visitor's circles to introduce new women to this work. With your input, we can supplement the E-Circle training to strengthen existing circles, and new circles will grow with expanded foundations, so that more and more women will be heard and healed. We also have opportunities for connection with ManKind Project. After all, in the everyday world, we interact with the opposite gender as well.

I invite and challenge you to **make 2003 a year to make a stretch**. To meet with at least one other circle, or one new woman. Share your insights, as well as discover the wealth of support available. Steven Covey says, "You cannot satisfy today's hunger with yesterday's meal." Connection happens with intention, with action. What you have, both as an individual, and your circle, will enhance the whole community. It's the ripple effect.

Is it actually possible to fit time into your busy life to connect beyond your personal circle? **You betcha!** Every journey begins with one step..... Or one phone call. The value is worth the effort you put in.

May 3rd is only 4 months away! Put it on your calendar, right away! It is your **COMMUNITY MEETING**. It is a time for meeting other cool women, questions, feedback, brainstorming, and sharing your ideas, and eating great food! Come and speak to be heard! Let's make it the best one yet!



President Joyce Bailey-Pendleton and her new grandson.

PRESIDENT'S CORNER

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THE GENERATION OF BURIED SECRETS

by Marcia Stone

The room was dark. A nightlight isn't enough to read by, but she was beyond reading. The nurses said she was in the land in-between, sleeping constantly, not rising from bed. The cancer filled her even as her body wasted away. During her 2-month hospice stay, my husband and I visited his mother often. By day, I rubbed her feet, played calming music and lit scented candles. He read the newspaper to her or talked. At night we cleaned out drawers and closets in a home filled with 60 years of her life. Twist ties. Sugar packets. Spools of thread. Every wedding invitation she'd received since 1944. Stacks of \$20 bills paper-clipped together, with carefully noted totals on small pieces of paper.

But when we came across her photo album, we wondered about her 87 years. Born of first generation Polish immigrants, her pragmatic mother always wore the same frown. It's no wonder: she raised 11 children with no support from a husband who returned just long enough to impregnate her. During the depression, the family barely scraped by, living off the land. They shot small game and lived off canned garden vegetables. Frugality was so engrained in my mother-in-law that she could never allow herself to splurge. She completed eighth grade, then worked the family farm. One story has her father chasing her across the farm swinging a logging chain.

Pregnant at 21 by a 17-year old farm boy whose parents wouldn't consent to their marriage, they eloped, driving south into the night until they found an agreeable justice of the peace in another state. We recently found their marriage license and a hopeful photo taken around the time of their marriage, things never seen before, hidden in a closet. During all her pregnancies, she didn't go out, ashamed to be seen. Her buried shame wasn't unusual in her era. But her desire to have her life be different was unusual, while other Midwestern, God-fearing farm wives didn't go against the norm.

Is it any wonder she learned to be incredibly private, burying fears and shame? And that she wanted her children to have the things she couldn't: education, freedom from abuse, fewer siblings, and a chance to see the world outside their small town?

She protected herself from hurt by isolating herself. Minor disagreements eventually separated her from several of her own brothers and sisters. In mutual isolation, she and her daughter were

estranged for decades. Her eldest son isolated himself from the pain of his mother's death, leaving angrily and not returning for her funeral. In fact, we later learned that she hadn't gone to her own mother's funeral. It seemed that as she aged, her world was limited to a few friends she could never really trust.

Being with my mother-in-law as she died was profound, bringing to light our common emotions as women. But it's difficult to understand a life of circumstances so different from mine, and so closed to discussion. In fact, I now know how differently we work through our emotions. I can connect with other women to talk about my feelings without shame or fear. I get a massage or buy myself something frivolous as a release. My mother-in-law had never before experienced the simple gift of nurturing touch. She wasn't permitted to speak her truth or release her grief. In fact, I don't know if she ever felt really safe. In the hospice, she told us to take her jewelry, saying if she was wearing it when she died "they'd steal it off me". I watched her kick covers off in dreams, yelling, "Let go of me, you sons of bitches! They're trying to kidnap me!"

One night, a week before Christmas, her pain ended as she died quietly with my husband by her side. She asked for a closed casket at her funeral because "I won't be able to protect myself." When that day came, old friends from her Wisconsin town wanted to say goodbye, so we left the casket open. She looked so lovely lying there surrounded by silk and roses—and secrets. Unlike whatever she'd imagined, the service was lovely and uplifting. I honor the inner strength of will she showed through her life. And I ache for her pain and the isolation not releasing it caused her. At her coffin, I whisper, "Let it go." She's finally safe, I think, hoping those old secrets can finally be given over to the universe. And now, as I heal through open connection, I am grateful. It may be hard, but not as hard as the other way.



Come to the Heart Funshop And Make a Heart

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Saturday, February 1, 2003 - 9AM-3PM
(Open-ended: come and go as you please)
Allisonville Christian Church - 7701 Allisonville Road
\$10-20 donation suggested

**This is an opportunity to let your little girl come out and play...
to explore the beauty your heart has within.
No art experience needed!
Just an ability to cut, glue, laugh and sparkle with other women.**

PREPARATION:

1) Take a few minutes to think about what lies within you – when you give your heart to someone, what are you giving? What would it look like? Dreamy? Shiny? Rocks and feathers? Transparent? Strong and sturdy? What colors would it be? How would you represent the different parts of you? Beads? Feathers? Ribbons? What about your dreams and joys? What about your shadow? How might you represent them?

2) Go gathering – go to a fabric store, a bead store, a craft store, out in nature, wherever it is your heart calls you. (Materials will be available at the funshop, if you choose not to shop.)

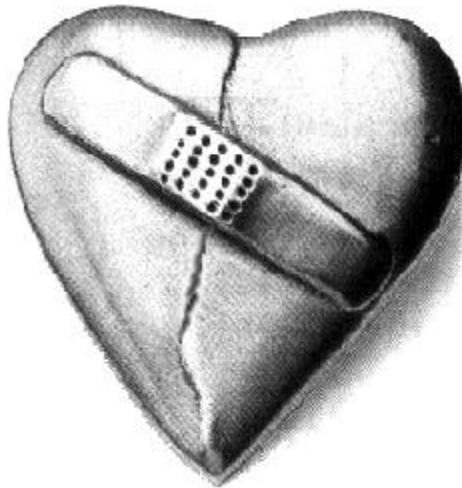
Note: If you go to a fabric or craft store, be sure to stop by the ribbon section – I found a big fat one that I sewed right through the middle of my heart sculpture. It's pretty and makes me smile.

Note 2: On beads, you might want to consider smaller lighter beads than we normally use on our necklaces – it depends on how you plan on attaching them to your heart, but I used very delicate material and it would not have been able to support heavy strings of beads.

3) Bring everything with you to the funshop! We'll have available: fabric, feathers, beads and fun things if something strikes you differently when you get to the funshop. We'll also have available: glue, glue guns, fabric paint, sewing machines, basic thread colors (if you want a special color, I suggest you bring it).

OPEN INVITATION

Anyone who would be mature enough to work on their own (Not limited to WW women). My ultimate goal is to have this workshop with adult females and younger females, but I think the first time around it would be best to have people at least 12 and older.



SEWING MACHINES NEEDED

If you have a portable sewing machine that you can bring and you don't mind letting other people use it, let me know.

CONTACT PERSON:

Tricia O'Connor
(317) 257-2749

com·mu·ni·ty

from Latin *communis* Date: 14th century

1: a unified body of individuals: **d:** a group of people with a common characteristic or interest living together within a larger society **e:** a group linked by a common policy **f:** a body of persons or nations having a common history or common social, economic, and political interests **g:** a body of persons of common interests scattered through a larger society.

com·mu·ni·cate

from Latin *communis* Date: 1596

1: *archaic:* SHARE **2a:** to convey knowledge of or information about: **b:** to reveal by clear signs her fear *communicated* itself to her friends **2:** to transmit information, thought, or feeling so that it is satisfactorily received or understood **3:** to open into each other : CONNECT
com·mu·ni·ca·tion **3a:** a process by which information is exchanged between individuals through a common system of symbols, signs, or behavior.

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EMPOWERMENT CIRCLE REPORT

Your Empowerment Circle Council last met on Saturday, October 12, 2002. We had three women in attendance and a guest, Charles Shirner from MKP. While the group was small, the energy was extraordinarily powerful.

We discussed the concept of "community" and how we felt we served "The Community." The usual topics came up...being in an E-Circle, serving on committees, serving on the Board, staffing week-ends, attending social events and Open Circles...in general, being present during planned activities. And then we began to explore what we get out of being "in community." What has being in leadership done for me? How have I grown? How am I changed through my involvement with IN Our Circle and Woman Within, whatever the level? How do I reach out and bless other women and recognize their talents regardless of their level of involvement? Then we came to the critical question, what does "empowerment" look like and how do I play it out in my life?

What I discovered about myself on that day was that I was using an interesting yardstick to measure my involvement. I consider myself involved in The Community at a pretty high level. I hold a position on the Board, attend Board meetings, attend social events, even sponsor one or two, and am present during many of the planned activities. I staff week-ends, even go out of our region to staff and I attend workshops sponsored by WW International. But, how do I bless other women where they are and recognize their talents regardless? How do I empower others, both women in "the work" and women--people--I know outside of "the work"? Oh, my...how do I acknowledge and empower and bless others?

The experience I had in the presence of this group on this day helped me to shift as I walk down my path of self discovery, acknowledging and embracing the shadow side of my gifts as I continue to dance with the concepts of compassion and forgiveness. For me, this has been a powerful and sweet dance, sometimes painful, sometimes sad, always worthwhile. As I summon the courage to turn my gifts over

and look at the shadow that is there, I begin bit-by-bit to lose my fear that those shadows will consume and destroy me. I see that the shadow is a gift of its own. And, I can see that I am healing...one atom at a time. And I am open to all that the community gives me and to all that I give it and I am open to all the ways that women--people-- touch my life and help me look at myself...all of me...as I continue to heal.

With that bit of sharing, I invite you to consider attending our next Empowerment Council Meeting, scheduled for March 9, 2003, at 2:00 p.m., at my home, 440 W. 44th Street, phone (317) 925-7612. We will continue our discussion of how being in community enriches our lives. We will also be making plans for some outreach work to the north and south of our state and to the Cincinnati/Dayton area. If you have some energy around being part of this outreach, please do let me know. I would also like to pursue the idea of having a Woman's Speaker Series like the MKP Men's Speaker Series. I'd love for us to kick this off in September or October, 2003, so if you have any contacts or ideas about some fantastic women who could share their expertise with us, please let me know that as well.

Some Circle News. Free Spirits, our newest E-Circle, has finished their training series and will now be joining existing Circles. Look for them to be contacting you to talk about and visit your Circle. We also have two women from the November, 2002, weekend in Louisville who are looking for a Circle to join. See updated Empowerment Circle information (back cover).

We will be offering our next Empowerment Training as an 8- or 10-week series and will be updating our training manual. We will offer some Guide Training prior to that series, so if you have an interest in being a guide or a guide in training, please contact me. Now, for a little inspiration:

*However confused the scene of our life appears,
however torn we may be who now face that scene,
it can be faced, and we can go on to be whole.*

~ Muriel Rukeyser

Blessings to each of you on your journey.
Cheri Goll (Flatrock, November '99)

OPEN CIRCLE GATHERINGS

February 10th
March 10th
7PM - 9PM

Irvington U.M. Church
30 North Audubon

SHARE THE GROWTH
Bring your sisters, girlfriends,
co-workers, relatives . . .

For more information
contact Liz Lucas
(317) 890-9015
emlucas98@yahoo.com



Women Helping Women

What better way to do this than serve on a committee to generate funds so our community can continue to grow.

Over 300 women in our community have experienced deep healing and growth through women-created and women-led experiential trainings, including Woman Within Weekends, Women Empowering Women, Woman Within 2. Our community has been very active in bringing the Woman Within Weekend to the Indy area as well as other workshops. Our community is committed to bringing the healing gift of this work to many more women and to do these we need to generate revenue.

We are looking for any woman who has a passion for this work, a passion for generating income, or enjoys brainstorming and being a part of a team of women to develop and implement a plan to raise money to continue to provide the services that we have: newsletters, rosters, open circles, community gatherings, and financial support for women to attend trainings. Currently the priority for the financial support is the Woman Within Weekend, WEW, and Woman Within 2. There are many trainings and workshops available; however the cost for many is too high for many women.

My vision is to be able to offer financial support for other trainings as well. We are forming an Internal Fundraising committee. Many of us have many responsibilities in our life, yet feel this work is so important. If you can offer any time to give ideas, to help implement any of these ideas, or for any kind of support, please call Sandy Ernst at 862-3385 or e-mail, slernst@att.net.

POUCH PARTY

The Woman Within weekend in Trafalgar (Indy) will be February 21-23. In preparation for this, we are having our annual Pouch Party on Saturday, January 25, from 9AM to Noon. At this party, we cut and assemble the pouch that is presented to the participants on the weekend.

This is a spiritual session, making a very sacred gift for the women. Of course, we do have fun socializing with one another.

We usually finish around 11:00, then enjoy lunch together. We will furnish soup, salad, bread, and drinks. Ann Bevilacqua is hosting the party this year. Her address is 6934 Mohawk Lane, phone (317) 253-7948.

I look forward to seeing you there!

WOMEN EMPOWERING WOMEN (WEW)

Friday, August 22 (7PM) to Sunday, August 24 (2PM)
Courtyard by Marriott in Louisville, KY
(Exit 15 off I64 Hurstbourne Parkway)

This seminar will be led by Sheri Zuccato. While it is required for staffing WWI weekends, it also has lots of other benefits. Communication skills are discussed, group dynamics are explained, and support skills are examined.

Fee: \$ 295 (which includes a non-refundable \$100 deposit). Visa, MasterCard and American Express accepted. Meals and lodging not included - you may sleep at home and commute to the workshop or accommodation suggestions will be provided.

To register, contact Woman Within International, Ltd., (800) 732-0890; Fax: 519-728-3264 or email: wwithin@aol.com or you can visit the website at www.womanwithin.org to print an application.

SITES NEEDED!

I am collecting information on locations around Indy that can be used for meetings, workshops and celebrations--both large and small. Some meetings would be just a few hours and others would be 3-4 day sessions.

Do you have a home to share, a room where you work, or a clubhouse? Did you attend a meeting at a location you liked? If you know of a place with potential, please contact me. Any of the following information would be helpful, if you have it: name of site, side of town, possible capacity, cost, pets, contact person.

Contact Joyce Bailey-Pendleton at joycek-artist@att.net or (317) 255-3277.

STAFFING APPLICATIONS

If you're planning to staff one or more Woman Within Weekends this year, now is the time to get your application in.

You can go to our website (inourcircle.org) and find a link to the application. Print it out, complete it, and send the application in as quickly as possible in order to reserve the dates you're interested in.

Remember, you can staff ANY WWI weekend. It may be interesting and informative to staff a weekend in a different region!



January

- 1 Char Tosi
- 2 Ann Hart
- 7 Morgan Joy Edwards
- 9 Marsha Kite
- 14 Linda Melick
- 18 Lynn T. Raiger
- 18 Brenda Ernst
- 20 Diane Baumer
- 24 Lynn Osborn
- 28 Linda Callaway
- 28 Monica Robinson
- 31 Maryann Sullivan-Fritz

BIRTHDAYS TO CELEBRATE!

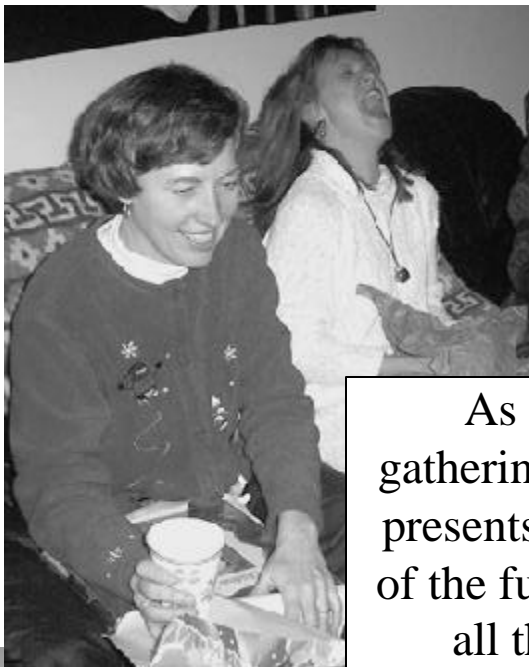
February

- 1 Maryellen Bein
- 4 Rebecca Lyon
- 4 Sandra Hurt
- 6 Denise Sunkel
- 6 Susan Whitney Alley
- 8 Kathleen Burgess
- 11 Maura Brotheridge
- 13 Peggy Banchy
- 17 Denise Walker
- 19 Ellen Hodge
- 22 Mary Beth Minick
- 26 McCall Wirth
- 28 Mary McInerney

March

- 2 Libby Cosgray
- 6 Karen Godfrey Choate
- 13 Kristin Lively-Smith
- 14 Judy Donovan
- 20 Linda Kirchhoff
- 20 Victoria Hammel
- 23 Donna Richardson
- 23 Tricia O'Connor
- 24 Pam Chadsey
- 25 Jill McGregor
- 26 Christine Turo-Shields
- 27 Jen Schmetzer
- 28 Dorothy Claire

PICTURES FROM HOLIDAY PARTY



As with any IOC gathering, food, drink and presents played a big part of the fun. Not to mention all the sharing and laughter!



CALENDAR OF EVENTS

January 2003

25 Saturday 9A-Noon
Ann Bevilacqua's Home
6934 Mohawk Lane
(317) 253-7948
Open to WWI community

February 2003

1 Saturday 9AM-3PM
Heart-Making Funshop
Allisonville Christian Church
Tricia O'Connor
(317) 257-2749
Open to public

4 Tuesday 7-9PM
Board Meeting
Irvington U.M. Church
Open to WWI community

10 Monday 7-9PM
Open Circle
Irvington U.M. Church
Liz Lucas (317) 890-9015
Open to public

21-23 Sunday-Friday
WWI Weekend - Trafalgar
Open to public
Must Register

March 2003

4 Tuesday 7-9PM
Board Meeting
Irvington U.M. Church
Open to WWI community

9 Sunday 2PM
Cheri Goll's Home
440 West 44th Street
(317) 925-7612
Open to WWI community

10 Monday 7-9PM
Open Circle
Irvington U.M. Church
Liz Lucas (317) 890-9015
Open to public

April 2003

1 Tuesday 7-9PM
Board Meeting
Irvington U.M. Church
Open to WWI community

14 Monday 7-9PM
Open Circle
Irvington U.M. Church
Open to public

May 2003

3 Saturday 9AM
Community Meeting
Open to WWI community

June 2003

3 Tuesday 7-9PM
Board Meeting
Irvington U.M. Church
Open to WWI community

July 2003

1 Tuesday 7-9PM
Board Meeting
Irvington U.M. Church
Open to WWI community

August 2003

3 Tuesday 7-9PM
Board Meeting
Irvington U.M. Church
Open to WWI community

22-24 Friday-Sunday
Women Empowering
Women (WEW)
Courtyard by Marriott
Louisville, KY
(800) 732-0890
Open to WWI community
Must register

WORKSHOP CONTACTS

**Woman Within
Weekend Training**
Gail Farbman 847-564-4625
www.womanwithin.org

New Warrior Training
Ollie Howe 317-852-6806
www.mkp.org

**Women Empowering
Women (WEW)
Your Sexual Self
Woman Within Level 2
Healing the Wounds of
Shame**
Registrar 800-732-0890
wwwithin@aol.com

**Intellect and
Accountability**
Judy Donovan 317-882-3874
jkdffit@earthlink.net

**A Couple's Weekend and
Advanced Couples Wknd**
Char Tosi 810-750-7227
richtosi@att.net

Warrior Monk
Jodi 909-659-0445
jodi@starcoyote.net

Running With Iron John
Cheri Goll 317-925-7612
cgoll@indy.rr.com

Taking It Lightly
Patricia Clasen
414-374-5433
patricia@lightly.com

COMMUNITY CONTACTS

SCAT Team
Ruth McClellan
317-253-7286
rmccle7777@home.com

Staffing Applications
www.womanwithin.org

**President, IN Board and
Financial Aid Information**
Sandy Ernst 317-862-3385
uneek13675@aol.com

E-Group Coordinator
Cheri Goll 317-925-7612
cgoll@indy.rr.com

E-Mail & Chat Lists
Lara Coutinho
317-872-4378
orange@indy.net

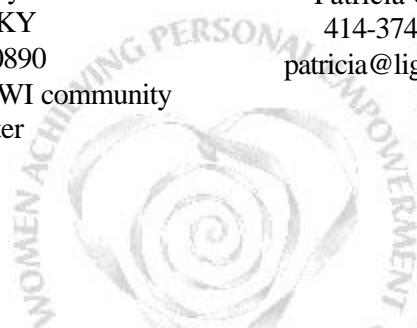
**Mailing Lists and Roster
for IN Our Circle**
Sue Daniel 317-335-2120
stdaniel@splintershop.com

Louisville Community
Dale Herink 502-228-4959

**Mailing Lists, Roster
and Staffing for Midwest**
Erin Farrar 847-487-7358
askmywife@juno.com

WWI Training Weekend
Gail Farbman
847-564-4625

WW International
Margaret Renaud
800-732-0890



EMPOWERMENT CIRCLE INFO

EMPOWERMENT CIRCLE COORDINATOR

Cheri Goll (h) 317 925-7612
(w) 317-338-5368
cgoll@indy.rr.com

Badass Butterflies - OPEN

Contact: Jana Lovick, (c) 317-797-7848, dayze@earthling.net
Meets Tuesday evenings, Downtown.

Diamond Girls - CLOSED

Contact Sylvia Gray, (h) 317-896-3575, sylv0701@yahoo.com

Rose Within - OPEN

Contact Kathy Bourus, (c) 317-796-3499 (w) 317-243-1150
Meets alternate Tuesday evenings, Central Christian Church.

Sisters in Spirit - OPEN

Contact: Marcia Stone, (h) 317-259-8373,
freerange@ameritech.net
Meets Thursday evenings, near Northside Indianapolis.

South E-Group - OPEN

Contact: Judy Stasek, 317-889-0565, jmc5@iquest.net
Meets alternate Monday evenings, Unity Church.

White Buffalo - OPEN

Contact: Betty Seno, (h) 317-845-9886,
bseno@iquest.net
Meets alternate Monday evenings, near Broad Ripple.

Newsletter Editor: Jana
Y. Lovick



Sue Daniel
9770 Highland Springs Drive North
McCordsville, IN 46055

We would like to keep you up-to-date about our events and activities. However, if you prefer not to receive mail from IN Our Circle or Woman to Woman Midwest, contact us and your name will be removed from our list.
Sue Daniel - 9770 Highland Springs Dr. N.,
McCordsville, Indiana 46055
(317) 335-2120 * stdaniel@splintershop.com

IN OUR CIRCLE T-SHIRTS



We now have IN Our Circle T-Shirts in many different sizes and colors.

- Blue, short-sleeved, round collar.
- Green, short-sleeved, round collar.
- White, short-sleeved, round collar.
- White, short-sleeved, V-neck collar.
- White, long-sleeved, round collar.

Each shirt has our beautiful ribbon heart and tagline, as seen above, in full color. These shirts are gorgeous!

See reverse side for pricing and ordering information!

IN OUR CIRCLE T-SHIRT ORDER FORM

DESCRIPTION	SIZE	COST	HOW MANY?	ITEM COST (Cost x How Many)
Blue - Round Collar - Short Sleeves	S	\$14.00		
	M	\$14.00		
	L	\$14.00		
	XL	\$14.00		
	2XL	\$14.00		
Green - Round Collar - Short Sleeves	S	\$14.00		
	M	\$14.00		
	L	\$14.00		
	XL	\$14.00		
	2XL	\$14.00		
White - Round Collar - Short Sleeves	S	\$14.00		
	M	\$14.00		
	L	\$14.00		
	XL	\$14.00		
	2XL	\$14.00		
White - Round Collar - Long Sleeves	S	\$18.00		
	M	\$18.00		
	L	\$18.00		
	XL	\$18.00		
	2XL	\$18.00		
White - V-Neck - Short Sleeves	M	\$18.00		
	L	\$18.00		
	XL	\$18.00		
	2XL	\$18.00		
PAYMENT METHOD ___ Check ___ Cash ___ MasterCd ___ Visa ___ AmEx	SUBTOTAL			
	SHIPPING (\$1.50 per shirt)			
	TOTAL AMOUNT DUE			
Credit Card Number:	MAIL SHIRT(S) TO:			
Expiration Date: Month / Year	Address			
Signature:	City, State, Zip			